

Care first

COVID-19 Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
Monday March 15, 2021	How Care first can support you	How Care first can support you	How Care first can support you TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/9034437869680298766
Tuesday March 16, 2021	Tips for Nutrition & Hydration	Tips for Nutrition & Hydration	Tips for Nutrition & Hydration TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7755708045575470860
Wednesday March 17, 2021	How Care first has supported through a year of COVID-19	How Care first has supported through a year of COVID-19	How Care first has supported through a year of COVID-19 TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/1121849719385154574
Thursday March 18, 2021	Lifting of Lockdown Anxiety	Lifting of Lockdown Anxiety	Lifting of Lockdown Anxiety TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/7969443210436757262
Friday March 19, 2021	Sleep Anxiety for World Sleep day	Sleep Anxiety for World Sleep Day	Sleep Anxiety for World Sleep Day TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/6782234535227682317

Please note that these themes and events may be subject to change as the situation develops.

Mae'r ddogfen hon ar gael yn Gymraeg, ac mewn ieithoedd a fformatau eraill ar gais.
This document is available in Welsh, and in other languages and formats on request.