

# Care first

## COVID-19 Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
<b>Monday</b> FEBRUARY 1, 2021	Care first	Care first Awareness	<b>'How Care first can support you'</b> <b>TIME:</b> 12pm – 12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/3503307241807055115">https://attendee.gotowebinar.com/register/3503307241807055115</a>
<b>Tuesday</b> FEBRUARY 2, 2021	Resilience	Resilience during the Pandemic	<b>'Resilience during the Pandemic'</b> <b>TIME:</b> 12pm – 12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/2648046624583578383">https://attendee.gotowebinar.com/register/2648046624583578383</a>
<b>Wednesday</b> FEBRUARY 3, 2021	Children	Children's Mental Health Awareness	<b>'Children's Mental Health Awareness'</b> <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/7322383915115149069">https://attendee.gotowebinar.com/register/7322383915115149069</a>
<b>Thursday</b> FEBRUARY 4, 2021	Counselling	The Benefits of Counselling in line with 'Time to Talk Day'	<b>'The Benefits of Counselling'</b> <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/5626735774414971408">https://attendee.gotowebinar.com/register/5626735774414971408</a>
<b>Friday</b> FEBRUARY 5, 2021	COVID-19	Living with someone with COVID-19: Tips for the Home	<b>'Living with someone with COVID-19: Tips for the Home'</b> <b>TIME:</b> 12pm-12.30pm <b>LINK:</b> <a href="https://attendee.gotowebinar.com/register/380465520545919499">https://attendee.gotowebinar.com/register/380465520545919499</a>

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events are available in Welsh, and in other languages and formats on request.