

Annex 5s: Letter from resident Maes y Cwmmmer

Dear Meals Direct Service

Re: Savings Proposals 2019/20 Ceasing the Meals Direct Service

I am writing on behalf of my ninety one year old mother who resides at the above address and is a daily recipient of your meals direct service.

My mother is a diabetic who controls her diabetes with a daily injection of insulin. She lives on her own and has done so since the passing of my father in 1987. She does have the support of both my sister and myself. In March 2016 when my mother was then eighty nine she unfortunately suffered three diabetic comas in the space of ten days resulting in two stays in hospital.

On her discharge from Hospital, the Caerphilly Re- Ablement Team put in place a plan of action in order that she would be safe and able to remain in her own home. This involves a daily carer provided by Pride and Care for thirty minutes every morning to make sure Mam is washed, dressed, prompted to take her insulin and has a breakfast. The next step was to make sure that she was eating during the day, because she was forgetting to do this, thus causing an insulin overload. In order to address this Mam uses the meals direct service. In addition to this my sister visits on a daily basis to check my mother's blood sugar levels and to provide an evening meal.

Both the carers and the meals direct service have been an integral part of keeping my mother safe in her home during her advancing years. My mother is a proud person and pays for both the services provided.

Having discussed the proposal to cease the Meals Direct Service with my mother she would be prepared to pay more towards the service. Thus continuing the quality of life she now has in her own home.

Yours sincerely